

TNOYS

TEXAS NETWORK OF
YOUTH SERVICES

presents:



Stronger Together

Youth ● Families ● Providers ● Advocates

33rd Annual TNOYS Conference on Services to Youth and Families

TUESDAY, AUGUST 9 - FRIDAY, AUGUST 12, 2016

WESTIN GALLERIA. HOUSTON, TEXAS



ABOUT TNOYS

TNOYS is a network of members working toward a shared vision of Texas where all young people are valued, their strengths are recognized, and they have access to the resources, support, and opportunities they need to lead healthy and fulfilling lives. Our mission is to strengthen, support, and protect critical services for Texas youth and families in order to ensure their success.

Our work is guided by a comprehensive systems change approach:

- **Policy:** We advocate for public policies and priorities that benefit young people in at-risk situations, their families, and the organizations that serve them.
- **Practice:** Our training and program development services ensure that those in the field are fully equipped to meet the complex needs of the youth and families they serve.
- **Participation:** We work in partnership with young people to demonstrate what youth are capable of when people invest in them.

TNOYS was founded in 1979.

BOARD OF DIRECTORS

TNOYS is led by a Board of Directors comprised of representatives from member organizations, member regions, and the greater community.

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PROGRAM GUIDE

Our workshops are divided into seven focus area tracks. Look for these symbols throughout the program representing each of our tracks.



RESEARCH & EVIDENCE-BASED PRACTICES



INNOVATION & PROMISING PRACTICES FROM THE FIELD



NAVIGATING POLICIES, REGULATIONS, & LAWS



BUILDING ORGANIZATIONAL CAPACITY



BEST PRACTICES FOR COLLABORATION



NUTS & BOLTS FOR SERVING YOUTH & FAMILIES



YOUTH & FAMILY LEADERSHIP

CONTINUING EDUCATION

Social Workers, Counselors, Child Care Administrators, & Peers/Family Partners

This conference is approved for continuing education (CEU) hours. Please refer to your continuing education form for details and instructions.

Need to complete your cultural competency hours? Look for the “**C**” throughout the program to indicate which of our workshops are focused on cultural competency.

TUESDAY, AUGUST 9
Special Institutes & Early Check-In

9:30 A.M. **Institute Registration** — GALLERIA FOYER
10:00 A.M. – 4:00 P.M. **Ending Youth Homelessness in Texas: Youth Count Texas! Findings**
1:00 P.M. – 4:00 P.M. **Leading the Change from Control to Collaboration/Restraint & Seclusion**
3:30 P.M. – 5:00 P.M. **Conference Registration (Early Check-In)** — GALLERIA FOYER

WEDNESDAY, AUGUST 10

8:00 A.M. – 9:00 A.M. — **Registration Open** – GALLERIA FOYER
9:00 A.M. – 10:25 A.M. — **WELCOME & OPENING KEYNOTE SESSION: Survive and Thrive**



10:45 A.M. - 12:15 P.M. **Workshop Session A**

Brain-Based Interventions for
Trauma Informed Care
TANGLEWOOD

We Are The Clay: The Shaping of a
Youth Program
POST OAK

Transition to Adulthood
with Disabilities
SAN FELIPE

12:15 P.M. - 1:45 P.M. **LUNCH BREAK** (lunch on your own)

1:45 P.M. - 3:15 P.M. **Workshop Session B**

Working Together to Pave the Way
to Adult Based Care
TANGLEWOOD

Building a Trauma Informed
Mindset
POST OAK

DFPS Executive Updates
SAN FELIPE

3:30 P.M.- 5:00 P.M. **Workshop Session C**

Life Without a Safety Net: Youth
Aging Out of Foster Care
TANGLEWOOD

Creating Culture, A Violence
Prevention Strategy
POST OAK

New Federal and State
Updates for Service
Students - SAN FELIPE

5:15 P.M. - 7:00 P.M. **TNOYS Membership Meeting and Reception** (open to all) — MONARCH ROOM, 24TH FLOOR

THURSDAY, AUGUST 11

8:00 A.M. – 9:00 A.M. **Registration Open** — GALLERIA FOYER
9:00 A.M. – 10:25 A.M. **GENERAL KEYNOTE SESSION: Effective Partnerships: Sharing Research**

10:45 A.M.-12:15 P.M. **Workshop Session D**

Evidence Based Frameworks
Applied to TAY Experiencing
Homelessness - WESTCHESTER

Working with CPS-Involved
Transgender & Gender Non-
Conforming Youth - POST OAK

Texas State Agency Updates
SAN FELIPE

YOUTH & FAMILY LEADERSHIP

10:45 A.M. - 12:15 P.M.



Who Wants to be a Stereotype? Misconceptions of Today's Youth in Society — GALLERIA FOYER

12:15 P.M. - 1:15 P.M. **YOUTH AND FAMILIES WELCOME LUNCHEON** (open to all) – GALLERIA BALLROOM

1:30 P.M. - 3:00 P.M. **Workshop Session E**

Adapting Supported Employment
for Youth/Young Adults
WESTCHESTER

Collaborative Care: Consumers
and Providers Unite
POST OAK

Mental Health Treatment
Find What You're Looking For
SAN FELIPE

YOUTH & FAMILY LEADERSHIP

1:30 P.M. - 3:00 P.M.



From Refugee to Freshman — GALLERIA FOYER

3:15 P.M.- 5:00 P.M. **Workshop Session F** — Networking Affinity Groups

Youth Worker Affinity Group - TANGLEWOOD Administrators Affinity Group - SAN FELIPE

5:15 P.M. - 7:00 P.M. **STRONGER TOGETHER RECEPTION** (open to all) – MONARCH ROOM, 24TH FLOOR

FRIDAY, AUGUST 12

8:00 A.M. -9:00 A.M. **Registration Open** — GALLERIA FOYER

9:00 A.M. - 10:30 A.M. **Workshop Session G**

Happiness, Serenity, and Harmony:
Prevention of Challenging
Behaviors/IDD - WESTCHESTER

SIL: A New Option for
Transitioning Out of Foster Care
POST OAK

The Importance of Communication
When Working with Youth
SAN FELIPE

YOUTH & FAMILY LEADERSHIP

9:00 A.M. - 10:30 A.M.



Your Life is Your Message! — GALLERIA FOYER

10:50 A.M.- 12:15 P.M. **CLOSING KEYNOTE & PERFORMANCE: Research, Rhythm and Rhymes: A Collective Empowerment Event**

PROGRAM AT A GLANCE

Unleashing the Power of Opportunity Youth Tara Brown, The Connection Coach – GALLERIA BALLROOM

			
Adulthood for Youth	Supervision with Millennials: Bridging The Generation Gaps GALLERIA 1	Schools and Service Providers Working Together BELLAIRE	Providing Services to LGBTQ Youth SAGE
Updates	The Leader in YOU (for Adults) PART I GALLERIA 1	Adolescent Resiliency Development: Treatment and Discharge Planning - BELLAIRE	Ethical Decision- Making for Social Workers: Process & Strategy PART I - SAGE
State Legislature ng Homeless ELIPE	The Leader in YOU (for Adults) PART II GALLERIA 1	Where Are The Parents? How To Engage Parents in Their Child's Education Journey - BELLAIRE	Ethical Decision- Making for Social Workers: Process & Strategy PART II - SAGE

Responsibility for Building Stronger Communities Stephany Bryan, Hogg Foundation & The Elite Youth — GALLERIA BALLROOM

cy Program	Financial Management for Human Service Managers SAGE	Three's A Crowd BELLAIRE
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Shattering of Stereotypes (S.O.S) — TANGLEWOOD

eatments: How To Looking For	Youth Adult Partnerships SAGE	Restoring Hope: A Collaboration Between An RTC, School, and Stakeholders - BELLAIRE
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Body Beautiful — TANGLEWOOD

Youth Affinity Group - GALLERIA Caregiver/Parent Affinity Group - POST OAK Managers/Clinicians Affinity Group - SAN FELIPE

of Boundaries with youth	Life Stress/Making Sense of Mess: Finding Order in Chaos SAGE	Guided Imagery and Affirmation: An Alternative Tool for Your Life's Journey - BELLAIRE
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Youth Driven Digital Wellness Collaborative — TANGLEWOOD

Experience Patrick "Pac Man" Perez and Dr. Raphael Travis Jr. DrPH, LCSW — GALLERIA BALLROOM

KEYNOTE SPEAKERS



Opening Keynote, Wednesday

August 10th 9:00 A.M. - 10:25 A.M. - GALLERIA BALLROOM

Survive and Thrive: Unleashing the Power of Opportunity Youth

Tara Brown, The Connection Coach

The opening keynote will start the conference with love, laughs, and connection! Tara Brown, also known as 'The Connection Coach', will share parts of her journey working with youth in gangs and other tough situations and how she successfully engaged and motivated them to dream bigger and work toward their goals. She will provide research-based insights into the roles that emotions and stress play in learning, as well as strategies based on adolescent brain development to unleash the potential in vulnerable youth. Be ready to be motivated and inspired to make valuable connections with the young people who need them most!

Tara Brown is president of Learner's Edge Consulting and an award-winning educator, author and international speaker. Tara's 30 year professional journey as a teacher and coach has taken her across the country and globe. Among her many achievements, Tara played a key role in piloting a Leadership Development program at Antioch High School targeting non-traditional leaders; the program was later expanded to all high schools in Davidson County in Nashville, Tennessee. Since leaving the classroom, Tara's passion and humor continue to drive her work. Her goals are to motivate, inspire and better equip adults to connect and have meaningful relationships with young people of all ages, so their potential can truly be unleashed.



General Keynote, Thursday

August 11th 9:00 A.M. - 10:25 A.M. - GALLERIA BALLROOM

Effective Partnerships: Sharing Responsibility for Building Stronger Communities

Stephany Bryan, Hogg Foundation for Mental Health

The Elite, Young Adult Presenters from Angel Reach

Thursday's keynote presentation for all audiences will kick off the Youth and Families Leadership track. Stephany's powerful story as a parent involved in the system who taught herself to be a powerful force for systems change will inspire providers, youth and family members alike to strengthen collaboration and recognize the critical importance of youth and family engagement. As many of us do, Stephany has a range of experience and wears many hats. Her captivating story and insights will demonstrate that we are all Stronger Together.

Stephany Bryan, Program Officer and Consumer and Family Liaison at the Hogg Foundation for Mental Health, is a Certified Peer Specialist and Wellness Recovery Action Plan Facilitator from Austin who has spent more than 50 years on her journey towards recovery and wellness. She has also spent twenty-two years advocating and advising for improvements to federal, state and local mental health policies and services. Stephany lives "The Four Agreements"—an inspirational code for life, personal development, behavior, communications and relationships. She lives life passionately, avoiding judgement, abuse, suffering and regret. Stephany joined the Hogg Foundation in 2008.

The Elite, young adults from Angel Reach in Conroe, TX, will also share their stories about life in foster care, being homeless, and obstacles they have overcome! The Elite are trained professional youth speakers from the nonprofit We Will Speak who have crafted their stories to inspire and help others. They know more than ever, that success can only come from being Stronger Together.



Closing Keynote & Performance, Friday

August 12th 10:50 A.M. - 12:15 P.M. - GALLERIA BALLROOM

Research, Rhythm and Rhymes: A Collective Empowerment Experience

Patrick "Pac Man" Perez and Raphael Travis Jr. DrPH, LCSW

Our closing keynote will feature Patrick "Pac Man" Perez, a nationally recognized break dancer and student success speaker, as well as Dr. Raphael Travis Jr. ("Doc"), to illustrate how to reach youth creatively through art and music, especially hip hop. Hip hop breaks through the walls of gender, ethnicity, religion and social class. This interactive and high energy keynote will explore hip hop's positive effects on youth leadership, self-image, self-expression and empowered living. It will help you envision ways to break through your own challenges and help youth do the same to achieve success! Be prepared for real stories, funky rhythms, and lots of laughs from the dynamic duo!

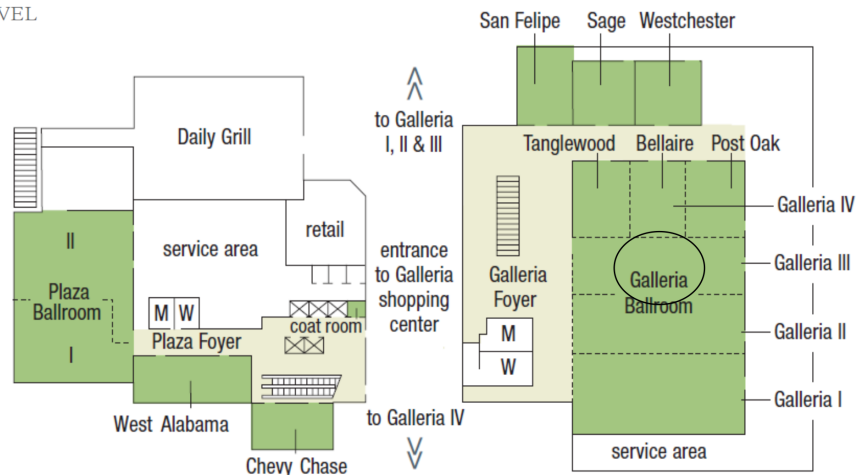
Patrick "Pac Man" Perez is a mix of Red Bull energy with a dash of hipster love, and a sprinkle of hip hop. His student success programs and 18+ years as a youth mentor have allowed him to speak in schools, at conferences and at Army National Guard events across 4 countries over the last 9 years. Patrick's mission is to help youth and young adults break through their challenges, set goals and break free from their excuses. He is the author Mad Skills for Student Success, Bully Breakthrough plus co-author of Break Free: Be True. Be You. From speaking engagements to hip hop competitions, Patrick has been globally recognized as a force to be reckoned with!

Dr. Raphael Travis is an Associate Professor at Texas State University in the School of Social Work. He is Executive Director of FlowStory, PLLC, providing resources and consultation with youth-serving professionals on how to promote positive youth development and health. Doc's research, practice and consultancy work have emphases on positive youth development over the life-course, adolescent resilience and youth civic engagement. Dr. Travis also investigates the role of music in people's lives, especially Hip-Hop culture as a source of growth and risk!

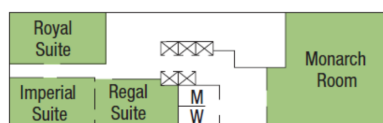
HOTEL FLOOR MAP

**THE WESTIN GALLERIA
& WESTIN OAKS**
HOUSTON

FLOOR PLANS & CAPACITY CHART
THIRD LEVEL



TWENTY FOURTH LEVEL



TUESDAY, AUGUST 9

SPECIAL INSTITUTES

10:00 A.M.-4:00 P.M. – SAN FELIPE

Ending Youth Homelessness in Texas: *Youth Count Texas!* Findings, Recommendations, and Planning Together

TNOYS Staff, Dr. Sarah Narendorf with the University of Houston, and Texas Appleseed Staff

Join us for an opportunity to focus on youth homelessness and give direct input on strategic recommendations to improve services and support in Texas. This day-long, interactive session will include a presentation on findings from *Youth Count Texas!*, the first statewide study of youth experiencing homelessness in Texas, which was conducted in 2015-2016 in collaboration with a network of service providers and leaders across the state. You will hear what the surveys revealed – the trends, experiences and issues faced by youth – as well as learn (and ask questions) about the legal rights of homeless youth and the responsibilities of providers who serve them. Most importantly, you will have the opportunity to learn about and contribute to policy recommendations and advocacy plans that could dramatically improve funding and programming for these vulnerable youth. Everyone with an interest in ending youth homelessness is invited – shelter staff, street outreach, school liaisons, CoC partners, community members, leaders, advocates, and more!

1:00 P.M.-4:00 P.M. – SAGE

The Seclusion and Restraint Reduction Leadership Group presents...

Leading the Change from Control to Collaboration: Re-examining Coercive Practices and Building Strategies to Reduce/Eliminate Restraint and Seclusion of Children

Frank Delano, LMSW and Jill Shah, LPC

The increasing focus on the impact of trauma on children and the importance of trauma-informed care has led to a golden opportunity for all of us to re-examine some of the coercive practices that have been historically used as a way to be responsive to “acting out behavior.” This highly interactive session will include discussion of how to be a leader at any level in a program to champion and build momentum for organizational change toward trauma-informed care, and away from practices like restraint and seclusion. This includes discussion and debate of the question: “Restraint and seclusion of children: Is it a last resort therapeutic intervention or a therapeutic failure?” They will present strategies used to reduce restraints in a 40-bed adolescent girls’ unit of a large residential center to zero over a two year period. Frank and Jill are skilled trainers who present nationally and internationally. They have expertise in leadership development as well as in key youth services topics. This institute will provide practical, solution-oriented strategies for positive change.

WEDNESDAY, AUGUST 10

WORKSHOP A 10:45 A.M. - 12:15 P.M.



Brain-Based Interventions for Trauma Informed Care

Adrian Jackson and John Hazle, Cal Farley's Boys Ranch

TANGLEWOOD

Brain function and brain development are instrumental in our work. Our first connections or disconnections set the stage for all future relationships. Looking at the brain, from the bottom to the top and the inside out, helps us select interventions. But the most needed intervention – close relationships – may cause the most distress. This experiential, multi-sensory session has takeaways that are helpful in every area of your life – personal and professional. It includes case examples, discussion on limitations/possibilities of traditional interventions, and draws heavily from Dr. Bruce Perry's Neurosequential Model of Therapeutics (NMT), Dr. Karyn Purvis' Trust-Based Relational Intervention, and the work of Brendtro & du Toit.



We Are the Clay: The Shaping of a Youth Program

Erica Ramirez Janeka Russell, Adaeze Anene, Star of Hope

POST OAK

This workshop is a fun and interesting way to learn about practices to support transition-age youth within homeless services programs that are having profound impacts on the lives of youth and families. We've found that 4 key components have a significant impact on youth success program wide: empowering through independence, community collaboration, creative interactions, and spiritual guidance. Attendees will walk away with knowledge on practical ways to engage and impact youth, how to utilize community resources for engagement, and to how to diversify relationships with youth using creative, fun teaching styles.



Transition to Adulthood for Youth with Disabilities

Brenda Nelson, Partners Resource Network

SAN FELIPE

This presentation will provide professionals with IDEA (Individuals with Disabilities Education Act) transition requirements for a student with a disability preparing for life after high school. We will cover important aspects of transition planning, information typically included in a transition plan, how transition plans are developed and by whom, and resources for more information on transition.



Supervision with the Millennials: Bridging Generation Gaps

Frank Delano and Jill Shah, Professional Package Training

GALLERIA I

The integration of every "new generation" challenges agencies, but the apprehensions about "Millennials" seem to be especially high. "They are just so entitled", "They are not loyal", "They will not stay long in the agency" are the kinds of statements that are often heard from older workers and leaders. Yet, Millennials bring many new insights and skills that supervisors can capitalize upon – or there are key strengths Millennials can leverage when they supervising older colleagues. This highly interactive workshop addresses the fears, myths, realities and strategies surrounding this phenomenon. We invite all points of view into the discussion.



Schools and Service Providers Working Together: Best Practices for Successful Youth Outcomes

Jeanne Stamp, Texas Homeless Education Office

BELLAIRE

School services may often seem difficult to access both for caregivers and community service providers. Often schools and providers do not understand each other's systems, requirements, and possibilities. This session will identify services for homeless students that schools must provide, can provide, or may need help from their communities to provide. You will learn best practices in how schools and services providers can build mutually helpful relationships for more streamlined access, more holistic services, and better outcomes for children experiencing homelessness.



Providing Services to Lesbian, Gay, Bisexual, Transgender, and Questioning Youth **C**

Michael Migura, Cenpatico

SAGE

This presentation reviews basic terminology for discussing issues around sexual orientation and gender identity in a sensitive manner. It discusses the process that LGBT youth go through as they come to terms with their sexual orientation or gender identity in the context of a world that is not always welcoming. The training also presents some ideas on how to apply the Child Welfare League of America's best practices in serving LGBT youth in out of home care. You will walk away with information on how to appropriately discuss sexual orientation, insight and understanding regarding the experiences of LGBT youth in general and in foster care and how to address their needs.

WORKSHOP B 1:45 P.M. - 3:15 P.M.



Working Together to Pave the Way to Adult-Based Health Care

Blanca Sanchez-Fournier + Team, Baylor College of Medicine

TANGLEWOOD

Health care transition (HCT) is the process of youth moving from pediatric to adult-based health care. A successful HCT helps youth live healthy and productive lives. In 2008, Texas Children's Hospital created a Transition Planning Tool (TPT) to increase youth and family HCT knowledge and skills and encourage providers to talk to youth about transition. This tool helps youth understand their medications, emergency symptoms, insurance, and adult care doctors. After this session, providers and caregivers will better understand youth experience and perspective and how to support youth through the process of transition.



Building a Trauma Informed Mindset

Angelica Cervantes, Seton Home

POST OAK

The workshop discusses the primary principles of trauma informed care and how to move an organization toward a new culture that enhances services to clients. The presentation will discuss ways to assess for readiness plus recommended implementation methods. Participants will have opportunity to discuss the current level of trauma informed care in their respective environments. Methods to improve the staff/supervisor relationships through a trauma lens are discussed.



DFPS Executive Updates

Kristene Blackstone and Sasha Rasco, Texas Department of Family and Protective Services

SAN FELIPE

The Assistant Commissioner of Child Protective Services and the Assistant Commissioner of Prevention and Early Intervention will each give an update on major initiatives and strategic plans within their respective divisions of the Department of Family and Protective Services. Kristine Blackstone will give updates on topics including CPS Transformation and Foster Care Redesign. Sasha Rasco will give updates on topics including a new Prevention Advisory Committee and strategic plan for PEI.



The Leader in YOU (for Adults) PART I

Shelley Gonzales and Jenny Vilayvanh, Baylor College of Medicine and Youth Leaders

GALLERIA I

Participants in this fun and interactive workshop will learn about the 7 Habits for Highly Effective People and identify how conquering private victories can lead to greater success working with others. You will also identify one area of leadership in which they are strong and one area that you can improve. You will learn experiential activities to take back to your daily work to empower leadership in those you work with. This activities and concepts in this workshop offer a great way for adults and youth to interact and grow as leaders together!



Adolescent Resiliency Development: Treatment and Discharge Planning

Michael Bishop and Paul Duale, Cathedral Home for Children

BELLAIRE

This workshop focuses on the 5 major resiliency protective factors: caring relationships; connectedness; high expectation messages; internal locus of control; and self-esteem/ self-efficacy. It will provide direct care and clinical staff with skills to develop resiliency in the youth they engage in treatment. We will also address important considerations when a youth transitions home after treatment and after discharge. Through experiential activities and presentations, participants will leave with practical techniques that support improved relationships and strengthened connectedness.



Ethical Decision-Making for Social Workers: Process & Strategy PART I

Shelley Gonzales and Jenny Vilayvanh, Baylor College of Medicine and Youth Leaders

SAGE

Social workers have refined their approaches to ethical problem solving over the last few decades and now there are a number of frameworks to assist them in making difficult ethical decisions. The current client-related ethical problems (ensuring people's right to self-determination, maintaining confidentiality) and agency issues (managing service & contract requirements) may complicate ethical dilemmas faced by social workers. Participants in this workshop will explore factors that impact ethical decisions, review several current conceptual frameworks for making ethical decisions, and make individual plans for strategizing with colleagues, supervisors, and other resources for making and documenting ethical decisions.

WORKSHOP C 3:30 P.M. - 5:00 P.M.



Life Without a Safety Net: Youth Aging Out of Foster Care

Madeline Reedy and Shahnaaz Evans, CitySquare

TANGLEWOOD

This interactive workshop will help participants understand the transitions faced by youth aging out of the foster care system. Integrating William Bridges' Transition Framework into the culture of our practices helps us support youth through this chaotic process. Attendees will leave with better understanding of the complex transitions youth go through during this time, and they will walk away with tangible ideas and ways to offer critical support.



Creating Culture, A Violence Prevention Strategy C

Jessica Moreno, Texas Council on Family Violence

POST OAK

Primary prevention urges us to look at the root causes, bolster protective factors, and reduce risk factors associated with the complex issues our communities and young people face. The gender-based violence prevention movement often looks to elements of culture as both a protective and risk factor. Join us as we explore these concepts, reflect on intersecting issues, and learn how to use the intentional creation of culture as a primary prevention strategy to promote, and ultimately create, the supportive culture we want to see for youth and communities in Texas.



New Federal and State Legislative Updates for Serving Homeless Students

Jeanne Stamp, Texas Homeless Education Office

SAN FELIPE

The workshop will provide the basic provisions of the McKinney-Vento federal legislation and the Texas Education Code (TEA) legislation for serving homeless and foster students. It will also address the changes in requirements for McKinney-Vento and Title I made by the federal Every Student Succeeds Act, as well as address the Texas 84th legislature's bills that are now part of the TEA Code and include updates on the provision of educational services to homeless and foster students. This includes discussion of school district compliance with these provisions, and assists service providers and advocates in supporting children and families to better access educational supports. You will learn best practices for advocating for services with schools.



The Leader in YOU (for Adults) PART II

Shelley Gonzales and Jenny Vilayvanh, Baylor College of Medicine and Youth Leaders

GALLERIA I



Where Are The Parents? How To Engage Parents in Their Child's Education/Mental Wellness Journey

Andrea Steward, Houston Independent School District

BELLAIRE

This workshop will give youth services providers a tool kit that will help you be more successful working with parents. Ultimately, working with youth means working with parents simultaneously. Progress will be limited if parents are unaware of a child's education/treatment goals and/or they are not given any tools to help their child reach those goals. Our youth spend the majority of their time away from school or treatment so it is imperative that we educate parents and caregivers about the problem a child is facing (what it looks like, the cause, etc.) while reassuring them that they are not to blame and letting them know how to best manage these issues in the home to ease frustrations all around. By making alliances with parents, we can all be on the same page to raise youth who are emotionally well.



Ethical Decision-Making for Social Workers: Process & Strategy PART II

Jack Nowicki, Texas Network of Youth Services

SAGE

TNOYS Membership Meeting and Reception (Open to All!)

Wednesday, August 10th

5:15 P.M. - 7:00 P.M. - Monarch Room, 24th floor



Please join us for good music and good fun! We will be honoring Mayor Turner for his work to end youth homelessness, as well as a few special people and programs at TNOYS member agencies that have gone above and beyond. The reception will include appetizers, cash bar, and The Peterson Brothers, talented young blues musicians from Austin.

THURSDAY, AUGUST 11

WORKSHOP D 10:45 A.M. - 12:15 P.M.

YOUTH & FAMILY LEADERSHIP TRACK BEGINS!



Evidence Based Frameworks Applied to Transition-Age Youth Experiencing Homelessness

Rafael Sarango + Team, The Salvation Army Greater Houston

WESTCHESTER

The Salvation Army (TSA) Social Services office has successfully provided Rapid Re-housing, PSH, and supportive services for young adults experiencing homelessness. Over this past 3+ years, we have explored various interconnected evidence based frameworks and used client input to improve our program. The result is a trauma informed model with peer driven case management using restorative justice, housing first, Positive Youth Development, and harm reduction principles. TSA Young Adult Resource Center serves young adults with the highest risk factors or living on the street. You will hear about real-world application and principles that you can replicate even with minimal resources, including training and supporting staff in applying theoretical frameworks and peer driven programs.



Working with CPS-Involved Transgender & Gender Non-Conforming Youth C

Aja Gair and Sarah Rees, Austin Children's Shelter at the SAFE Alliance

POST OAK

This training aims to delve deeper into both understanding and addressing the specific needs of transgender and gender non-conforming youth within CPS care, with the goal of helping providers and care givers, to better serve this population, especially given practical, unique concerns within residential settings. We will utilize a case study to give real-life examples of challenges and successes that ACS providers and residents have experienced, and integrate voices of trans and gender non-conforming youth into our presentation.



Texas State Agency Program Updates

Regan McGahan, Shannon Ramsey, and Tila Johnson, Texas Department of Family and Protective Services. Additional Presenters TBD.

SAN FELIPE

Join us for a "shift and share" activity through which you will have the opportunity to get to know those who manage and specialize in programs at the Department of Family and Protective Services and other state agencies. State agency staff will be available to provide information and updates on the Services to At-Risk Youth ("STAR") program, transitional services for youth who will age out of foster care, residential child care licensing regulations, and more. You will have the opportunity to talk directly with these staff, offer feedback, and ask clarifying questions relevant to your programs.



Financial Management for Human Service Managers

John Prior, Catholic Charities of the Archdiocese of Galveston-Houston

SAGE

Social service managers are often asked to produce optimum results with limited financial resources. This workshop gives an overview about how ongoing planning and capacity building can help organizations present themselves as capable, competent, and effective agents-of-change in their communities. We will discuss key elements that support the effective programs through sound organizational and financial management, and long term sustainability. Financial management can keep organizations accountable and achieving their goals. This is not an accounting or bookkeeping workshop, but an effort to provide non-financial managers with basic insights into the world of financial management to become better stewards of their limited resources.



Three's A Crowd

Donna Montes and Vanessa Lee, Communities in Schools

BELLAIRE

In a relationship when two people have differences one or both parties might ask a third party individual for assistance. This might be a helping professional, relative, or supervisor depending on the circumstances. This workshop helps the third party individual recognize the "triangle" that (s) he has been pulled into and offers them ways problem solve a solution (instead of adding to the problem). Learning how to work through tough situations and to respond instead of react, and is a key skill that can be used personally or professionally.



Who Wants To Be A Stereotype? Misconceptions of Today's Youth in Society C

Lennisha Walker and TAY Peer Wellness Specialist, Houston Health Department

GALLERIA I

The workshop will be modeled after the Who Wants To Be a Millionaire? game show. Participants will answer questions related to education, fashion, body image, social media and healthy relationships. There will be two teams of adults and youth who will alternate questions; for every answer the teams' game piece will move up or down the scale of levels of Maturity.



Shattering of Stereotypes (S.O.S.) C

Cherry Steinwender, Center for the Healing of Racism

TANGLEWOOD

The workshop, "Shattering of Stereotypes," invites the participants to examine his/her own beliefs around how we have been impacted and hurt by negative stereotypes. The workshop confronts stereotypes and is presented in a visual way. The joys/strengths, along with the pain/anxieties of cross-cultural relationships are discussed.

Youth and Families Welcome Luncheon

Thursday, August 11th

12:15 P.M. - 1:15 P.M. - Galleria Ballroom

Featuring Tyrone Smith, First and Goal Inc.

Former NFL player Tyrone Smith will discuss the core principles that help youth (and adults) develop a consistent, personalized approach to achieving their goals, developing successful partnerships with peers and adults, and overcoming obstacles along the way. Listen as he incorporates those core principles and his experience in this exciting presentation entitled, *The Power of Working with Youth*.



WORKSHOP E 1:30 P.M. - 3:00 P.M.



Adapting Supported Employment for Youth and Young Adults

Deborah Cohen, Texas Institute for Excellence in Mental Health and Vanessa Vorhies Klodnick, Thresholds

WESTCHESTER

This workshop highlights the State of Texas' work to adapt the Individual Placement and Supports (IPS) model for youth/young adults. The IPS model has over 30 years of research support and is shown to improve the educational and employment outcomes of adults with significant psychiatric symptomology. The Transition Age Youth Service Transformation Project pilots IPS model for adolescents and young adults (ages 14 to 29) in Texas communities. You will learn about the adapted model and the strategies employed to implement it, partnerships involved, and results so far within the Texas mental health system.



Collaborative Care: Consumers and Providers Unite!

Shelley Gonzales and Sarah Graham, Baylor College of Medicine; David McClung, Texas System of Care

POST OAK

The workshop raises awareness of the causes and consequences of identity-based rejection of LGBTQ children, and the positive impact of prevention focused training. You will hear keys to preventing identity based family rejection that can lead to homelessness, placement in foster care, mental health issues and brushes with the juvenile justice system. This includes statistics on the consequences of family rejection, causes of parents' negative emotions, information that adults need to know about sexual and gender minorities, and the importance of acceptance, support and role models. You will learn about the family dynamics that occur when a child comes out and what parents need to be able to move forward.



Mental Health Treatments: How to Find What You're Looking For

Beth Garland, Baylor College of Medicine, Stephanie Chapman, The Center for Children and Women, David Head, Communities in Schools and Emily Pyle, Family Houston

SAN FELIPE

This workshop is led by mental health professionals from a variety of treatment settings and gives a general overview to mental health treatment. You will learn about the different types of mental health professionals (e.g., Psychologist, therapists, school-based support, psychiatrists) and how these professionals help someone work toward their recovery goals. You also learn about different therapeutic approaches that are supported by research (like Motivational Interviewing and Cognitive Behavioral Therapy). This includes basic information, the therapy's purpose, an example of what the treatment looks like, and sample goals a young person and family might have connected to the struggle they are experiencing. Whether you're looking for mental health treatment for yourself or someone else now (or might be in the future), this session offers a practical guide to make that process easier!



Youth Adult Partnerships

Tyrone Smith, First and Goal and Youth On B.O.A.R.D members

SAGE

Join us for this session that breaks down how youth and adults can form successful partnerships to achieve their common goals. This workshop was developed by youth and will include examples, activities, and practical solutions to common challenges.



Restoring Hope: A Collaboration between An RTC, A School, and Stakeholders

Julie Strentzsch, Roy Maas' Youth Alternatives and Don Mills, Meadowland Charter School

BELLAIRE

Restorative practices emphasize building healthy relationships by restoring an individual to their community. Based on the restorative justice movement these principles focus on taking ownership and accountability for your own actions. Learn how a residential facility and charter school collaborated to create a trauma-focused approach to help children think critically and take personal accountability for their actions. The restorative process is seamlessly integrated into treatment and education as part of a cohesive team approach to support each child's unique needs. This workshop describes the history and principles of restorative practices, offers tools to support using these practices in your program, and includes an opportunity to experience and use these practices.



From Refugee to Freshman **C**

Sharon, Ajua, Anisa, Azmera, Hussein, Efrain, and Nur, Catholic Charities Fort Worth

GALLERIA I

Come hear refugee youth share their incredible stories! They will discuss how they came to be high school students in Fort Worth, including some nuances of their culture, their struggles adapting to high school, and their hopes and dreams for a future as self-sufficient, responsible citizens. You will also learn about the circumstances that bring refugees to Texas, learn the challenges of adapting to a new culture, and get ideas on how to support refugees (or anyone from another culture) in your program or community.



Body Beautiful

Rachel Wolfe, Baylor College of Medicine

TANGLEWOOD

This workshop is designed to be both educational and thought-provoking! Participants will learn different types of eating disorders, including why they develop, what the early warning signs are, and how to ask for help. And later, participants will have the opportunity to challenge and strengthen their own body image and learn important strategies for accepting their bodies and seeing them as powerful, unique, and complex. In this session, you will discover the strength in being able to be comfortable in your own skin!

WORKSHOP F: AFFINITY GROUPS 3:15 P.M. - 5:00 P.M.

Come interact with your peers in this non-traditional conference session. Through experiential and other interactive facilitation methods by the TNOYS staff and partners, you will have the chance to network, problem solve together, and discuss situations that arise in every day.

To ensure success please select the group that is closest to your current professional role and responsibilities.

Youth Worker Affinity Group **TANGLEWOOD**
Managers and Clinicians Affinity Group **SAN FELIPE**
Administrator Affinity Group **POST OAK**
Youth Affinity Group **GALLERIA I**
Family/Caregiver Affinity Group **BELLAIRE**

Stronger Together Reception (Open to All!)

Thursday, August 11th, 2016

5:15 P.M. - 7:15 P.M. - Monarch Room, 24th floor

Please join us for a Mardi Gras-themed reception hosted by our youth planning committee with support from the Hogg Foundation for Mental Health. This event will include music, prizes, appetizers, and the chance to celebrate being *Stronger Together*!



FRIDAY, AUGUST 12

WORKSHOP G 9:00 A.M. - 10:30 A.M.



Happiness, Serenity, and Harmony: Preventing Challenging Behaviors in People with IDD

**Kathleen Williamson and Beth Duncan, Texana Center
WESTCHESTER**

We often hear about interventions for challenging behaviors for people with intellectual and developmental disabilities (IDD), but the best approach is to prevent these behaviors altogether. Rather than focusing on interventions/responses to behaviors, we will discuss prevention strategies – like rapport building, delivery of rewards, increasing independence, providing opportunities to make choices, and enriching the environment. We will equip you with myriad tools to decrease challenging behaviors and improve the quality of life. We will give examples of each strategy and ways to easily incorporate it into daily activities. We will also introduce the regional Hub for Effective Local Providers (HELP) which is available to assist providers and LIDDA staff with complex medical, behavioral, and psychiatric cases.



Supervised Independent Living: A New Option for Transitioning Out of Foster Care

**Sarah Crocker, Upbring and BeREAL residents
POST OAK**

BeREAL (Be Ready Educated Accomplished Leaders) supports young people transitioning out of foster care. We provide housing in apartments using a scattered site model, financial assistance, case management and other various supports. Our residents work, go to school, and are encouraged to set and make progress towards their individual goals so that they will be ready to live independently once they leave the program. We will share successes and lessons learned. Most importantly, you will hear from our young adult residents about the program and how it has impacted their lives and have an opportunity for a Q&A with the residents and program staff.



The Importance of Boundaries When Working with Youth

**Erin Whelan, LifeWorks
SAN FELIPE**

Boundaries are something that all staff working with youth are challenged with on a daily basis. It's important to recognize our own challenges with boundaries and boundaries among youth. In this session, youth care workers can identify areas that are particularly challenging due to their own personal/professional experience and how this might influence their ability to set appropriate boundaries at work. Attendees will also be able to explore boundaries that youth might exhibit and discuss how to address these issues while continuing to build rapport with the youth.



Life Stress and Making Sense of Any Mess: Finding Order in the Chaos

**Sophia Edukere, Baylor College of Medicine
SAGE**

Can you remember a time that you reacted to a stressful situation differently than someone else in the very same environment? This workshop demystifies stress by discussing helpful and problematic stress reactions and the individual ways we all react to stress. Simply stated, stress is a demand from our environment that burdens or exceeds our capacity. Chronic life stress impacts the parts of the body that maintain stability and protection. It can impact people of any race, ethnicity, social status, education, religion and living situation. Stress can cause problems in daily life, including miscommunication with loved ones, longer time completing tasks, irritability, feeling burned out and beginning each day feeling overwhelmed. You can be proactive by learning more about stress.



Guided Imagery and Affirmation: An Alternative Tool to Utilize on Your Life's Journey

**Stephany Bryan, Hogg Foundation for Mental Health
BELLAIRE**

In need of a little relaxation, peace of mind or rest for your soul? This workshop provides the opportunity to learn about an alternative tool and skill. Participants will experience a relaxation technique in which words and sounds are used to evoke positive mental images, feelings, and thoughts. Give this workshop a try. Just Imagine!



Youth Driven Digital Wellness Collaborative

**Amy Acosta, Baylor College of Medicine
GALLERIA I**

This workshop will help you become a responsible leader! Youth will work on communication, critical thinking and positive involvement. You will learn more about leadership, skills that support leadership and attitudes and orientation of leadership. This workshop will help you grow and meet the challenges of adulthood by building the skills needed to become tomorrow's leaders.



Your Life is Your Message!

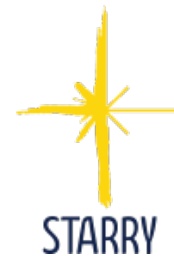
**Akondaye Turner-Fountain, Fountain Counseling and Developing Services
TANGLEWOOD**

This workshop is an opportunity for you to discuss how technology impacts your life as a teenager/young adult. We will talk about the changing social and social media landscape and define digital wellness. Activities will let you look through the layers of media and understand mindfulness. After reviewing of current research, some interactive activities, and open discussion, you know how to use social media and online tools to promote personal wellness!

SPONSORS



Christine Gendron and Ben Boral



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