



TNOYS Training Offerings 2021-2022

Training offerings are subject to change based on trainer availability, current TNOYS priorities, and special requests from training recipients. TNOYS continues to expand its training portfolio, and our staff is happy to work with you to develop or modify a training to meet your unique needs.

Centering Youth Voices within Your Trauma Approach

Presented by a youth-adult partnership team from the TNOYS staff

In this workshop, participants will learn a cross-systems approach to addressing and responding to complex trauma, including the impacts of trauma and how it manifests in behaviors. Participants will leave the workshop with strategies to effectively identify and respond to trauma behaviors, create healthy youth-adult relationships, avoid re-traumatization, and help youth develop healthy coping skills.

Length: 60-90 minutes

Resilience in Action: Building Authentic Youth-Adult Partnerships

Presented by a youth-adult partnership team from the TNOYS staff

This interactive workshop will provide strategies on how to engage authentically with youth and create a mutually respectful, safe environment to build youth-adult partnerships. Learning objectives include: Improved understanding of complex trauma, including the underlying brain science, consequences, and how it can manifest in behavior; Learn what authentic youth engagement looks like and strategies to build trusting, supportive relationships with youth and young adults; Improved understanding of the evidence supporting youth engagement and its positive outcomes for youth, as well as strategies for empowering youth to share in decision-making.

Length: 45-75 minutes

Youth Panel Discussions

Panelists include members of TNOYS' Young Adult Leadership Council

TNOYS has experience coordinating and facilitating youth voice panels on a variety of topics, including the child welfare system, youth homelessness, connecting to services, strengthening youth engagement and youth-adult partnership, and understanding policy and legislative priorities.

Length: 45-75 minutes

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Youth Thrive™ Training

Presented by a youth-adult partnership team from the TNOYS staff

Developed by the Center for the Study of Social Policy (CSSP), Youth Thrive™ is a research-based approach that identifies protective and promotive factors that increase the likelihood that adolescents will develop into healthy, thriving adults. Youth Thrive™ is relevant to everyone who works with young people including: child welfare system administrators, supervisors and caseworks, teachers, staff at private agencies and nonprofits, judges and legal advocates, parents, caregivers, and others who are concerned about teenagers and young adults. The three-day training is made up of 7 modules that can be presented all at once over the course of 2-3 full days, as a long-term series in 2-hour sessions, or as individual piecemeal sessions that focus on specific modules.

Length: 16 hours, or 7 modules

Commercial Sexual Exploitation-Identification Tool (CSE-IT) User Training

Presented by a youth-adult partnership team from the TNOYS staff

The Commercial Sexual Exploitation-Identification Tool (CSE-IT) is a research-based screening tool that helps improve early identification of commercially sexually exploited youth (CSEY). The tool is appropriate for use by any provider serving youth, including child welfare workers, probation officers, mental health clinicians, educators and school personnel, and first responders. In Texas, CSE-IT is integrated within Lighthouse, an innovative software platform that enables users to complete screenings online and access and analyze CSE-IT data at any time. In this training, participants will become certified users of the CSE-IT and learn next steps to become official Lighthouse users.

Length: 3 hours

CSEY: Debunking Myths of Human Trafficking to Create Survivor-Centered Services

Presented by a youth-adult partnership team from the TNOYS staff

There is not one common picture of commercial sexual exploitation of youth (CSEY). The victims, traffickers, type of exploitation, and means of control can vary widely from one situation to the next, making it difficult for the anti-trafficking field to identify and disrupt CSEY. Certain populations tend to be overlooked in discussions of CSEY, including cisgender and transgender males, Black males, and youth ages 18 to 24. In this session, participants will learn about CSEY from underrepresented viewpoints, engage in meaningful discussion about ways to improve services to CSEY victims, and brainstorm on strategies to build trust with youth.

Length: 60-90 minutes

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Texas Disasters and Emergencies: Impacts on Children, Youth, and Families

Presented by a youth-adult partnership team from the TNOYS staff

Texas has declared more major disasters than any other state in the country. These events can cause long-term harm for the state's vulnerable youth and families, many of whom lack the safety nets, social supports, and other resources needed to successfully recover. TNOYS recently released a report, influenced by conversations with over 50 providers and youth, that highlights how natural disasters and emergencies such as the COVID-19 pandemic have disproportionately impacted marginalized communities and increased the need for services. In this session, participants will unpack key findings from the report, discuss strategies to improve child and youth safety and well-being during and after emergencies, and learn what young people had to say about how we can better serve them during and after disasters and emergencies.

Length: 60-90 minutes

Building Alliances with Youth: Preventing Runaway and Challenging Behaviors through Positive Youth Development Strategies

Presented by a youth-adult partnership team from the TNOYS staff

Hear directly from youth with lived experience in foster care on why they run from care, and learn strategies for building alliances with youth to prevent runaway and other challenging behaviors before they escalate. Participants will discuss the importance of avoiding entering into power struggles with youth receiving services, and the value of engaging youth in discussions about the services that impact their lives. This training is designed for CPS caseworkers, residential service providers, and other stakeholders throughout the state.

Length: 1.5-3 hours

"You're on Mute!" - Virtual Communication and Engagement

Presented by TNOYS staff

COVID-19 has made us reimagine the way that we interact with each other, from eating at restaurants, going to school online, to double checking—keys, phone, wallet... oh, and a mask. With this drastic change, our workplace communication and engagement strategies have also changed, sometimes not for the better. Join us as we navigate the changes, challenges, and areas of opportunity within our virtual workplaces as we kindly remind each other, "you're on mute."

Length: 60-90 minutes

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New Training Topics Coming Spring 2022

- ❖ Revamped “Building Alliances with Youth to Prevent Runaway” focused on addressing and preventing CWOP
- ❖ Normalcy in Youth-Focused Systems
- ❖ The Transition to Adulthood
- ❖ Equity Series
- ❖ And more!