



TNOYS' 39th ANNUAL CONFERENCE: YOUTH AND YOUNG ADULT GUIDE (24 AND UNDER)

Are you a youth or young person and need some help on what to do or where to go? We are excited to show you the way. This year's conference will be a great chance for you to learn new skills, meet others like you with similar experiences, and of course, have fun! Check out this easy guide on how to plan your day. Learn more about each workshop by using the page numbers listed in the guide below. You can learn more about the sessions in the full conference program [here!](#)

Entertainment & Activities

Exhibit Hall and Raffle

Youth Lounge

Wednesday, May 11 Full Virtual Conference Day

9 a.m. TNOYS Welcome

9:20 a.m. Recommended Workshop:

***Diversity, Equity, and Engagement,
page 6***

11:00 a.m. Keynote: Clint Smith, Poet and Author

1:00 p.m. Recommended Workshops:

***In Their Own Words: The
Importance of Normalcy for
Transition Age Youth, page 7***

***The Neuroscience of Addiction and
Innovative Treatment Approaches,
page 8***

2:45 p.m. Recommended Workshop:

***Improving Youth-Serving Systems
by Centering Youth Voice, page 8***

3:50 p.m. Closing

Tuesday, May 24: Conference Day 1

9:00 a.m. - 10:15 a.m. TNOYS Welcome + Keynote (Open to all) - GALLERIA BALLROOM
The Best Parts of Us with Marlon Peterson, Author, Activist for Justice-Involved Youth

10:30 a.m. - 10:50 a.m. Youth Orientation & Icebreaker Activity - PLAZA II

11:00 a.m. - 12:00 p.m. Workshops - PLAZA I & II

PLAZA I
***Rise from
Pieces to Peace***
(page 14)



PLAZA II
***The Quest for
Identification Documents***
(page 14)

12:10 p.m. - 1:10 p.m. Youth Lunch (Youth & Young Adults only) - PLAZA II

Join your fellow youth and young adult attendees for a youth-only lunch and hangout session in the youth lounge! Lunch is free for all registered youth and young adults.



1:20 p.m. Workshops - PLAZA I & II

PLAZA I
Budgeting in 2032
 (page 14)



PLAZA II
College 101
 (page 14)

2:30 p.m. Workshops - PLAZA I & II

PLAZA I
Healthy vs. Unhealthy Relationships
 (page 14)



PLAZA II
Housing: What You Need to Know
 (page 15)

3:45 p.m. – 5:00 p.m. Keynote Panel (Open to all) - GALLERIA BALLROOM
Improving Youth-Serving Systems by Centering Youth Voice

Wednesday, May 25: Conference Day 2

9:00 a.m. Keynote & Performance - GALLERIA BALLROOM
A Time to Rise with SaulPaul, A Musician with a Message

10:30 a.m. Recommended Workshops:

**Resilience in Action/
Why Do Teens Run, page 16**

**TWC/Foster Care
Ombudsman, page 17**

12:15 p.m. - 1:30 p.m. Luncheon (Open to All) - GALLERIA BALLROOM

1:45 p.m. Recommended Workshops:

**Tell Your Story,
page 18**

**Centering Youth Voices in Your
Trauma Approach, page 18**

3:30 p.m. Recommended Workshops:

**Youth Health Advocacy/Why
Youth Enter Juvenile Justice,
page 19**

**Youth Rights for Youth
Experiencing Homelessness,
page 20**

Thursday, May 26: Conference Day 3

9:00 a.m. Recommended Workshops:

**Breaking Down Barriers,
page 21**

**Engaging Youth Leaders,
page 21**

**College Resources for Students
with FC Experience, page 21**

10:45 a.m. – 12:15 a.m. Closing Keynote - GALLERIA BALLROOM

All Work, All Play Towards Healing: How Creativity Informs Trauma Recovery in Youth with Malika Whitley, Arts Curator and Activist